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*Thank you in advance for your time in completing this confidential questionnaire. The information will help me understand your situation. When added to our meetings together, it will help us find an effective approach to the challenges we shall be considering together. Your replies will be held in confidence as required by law.*

Please add any information that you believe might be relevant, using the reverse sides of pages if necessary.

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip \_\_\_\_\_

Phone numbers: Home \_\_\_\_\_ Work \_\_\_\_\_

Do you authorize permission to call home phone number? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you authorize permission to call work phone number? Yes \_\_\_\_\_ No \_\_\_\_\_

May I leave a message? Yes \_\_\_\_\_ No \_\_\_\_\_

If not, please specify which numbers \_\_\_\_\_

Occupation \_\_\_\_\_

Referred by: \_\_\_\_\_

**PLEASE FILL IN THIS SECTION IF CLIENT IS UNDER 18 YEARS OF AGE**

Parent/Guardian: \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip \_\_\_\_\_ Employer \_\_\_\_\_ Phone \_\_\_\_\_

In case of an Emergency, I should contact:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Relation \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

**FAMILY INFORMATION**

*While it is impossible to create a form that will describe every family, I hope to better understand your situation through the completion of your family information. Feel free to add explanations or other information that you think would help provide an accurate picture of your family.*

Spouse(s): Name                      Age      Years married/Year divorced      Current City/State of residence

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

**PARENTS:**

Mother's name: \_\_\_\_\_ Age: \_\_\_\_\_

Living? Yes \_\_\_ No \_\_\_ Occupation (current or prior): \_\_\_\_\_

Cause of death, if deceased: \_\_\_\_\_ If living, where?: \_\_\_\_\_

Married to other parent?: Yes \_\_\_ No \_\_\_ Remarried: Yes \_\_\_ No \_\_\_

Father's name: \_\_\_\_\_ Age: \_\_\_\_\_

Living? Yes \_\_\_ No \_\_\_ Occupation (current or prior): \_\_\_\_\_

Cause of death, if deceased: \_\_\_\_\_ If living, where?: \_\_\_\_\_

Married to other parent?: Yes \_\_\_ No \_\_\_ Remarried: Yes \_\_\_ No \_\_\_

Sibling(s): Name                      Age                      Current City/State of residence

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

Other significant family members, family you are especially close to, live or lived with:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

*Have any family members had problems:*

With alcohol? Yes \_\_\_ No \_\_\_ How related? \_\_\_\_\_

With drugs? Yes \_\_\_ No \_\_\_ How related? \_\_\_\_\_

With their mental health? Yes \_\_\_ No \_\_\_ How related? \_\_\_\_\_

Attempted or committed suicide? Yes \_\_\_ No \_\_\_ How related? \_\_\_\_\_

**School Information**

School Attending \_\_\_\_\_ Grade \_\_\_\_\_

Any special programs (SLD, Speech, Gifted, EH, etc.)? \_\_\_\_\_

Was your child evaluated by a school psychologist? \_\_\_\_\_ if so, when? \_\_\_\_\_

Are there any behavior concerns at school (suspensions, expulsions, office referrals, etc.)

\_\_\_\_\_

Special activities enjoyed at school \_\_\_\_\_

\_\_\_\_\_

Interests outside of school \_\_\_\_\_

\_\_\_\_\_

**Developmental and Medical Information**

Anything unusual about your child's birth (low birth weight, long labor, fetal distress, etc.) \_\_\_\_\_

\_\_\_\_\_

Were there any difficulties with your child meeting developmental milestones (sitting up, crawling, walking, talking, etc.)? \_\_\_\_\_

\_\_\_\_\_

Difficulties toilet training? \_\_\_\_\_

\_\_\_\_\_

Is your child now experiencing any toileting difficulties (bed wetting, bowel control, etc.)? \_\_\_\_\_

\_\_\_\_\_

Is your child sensitive to touch, taste, sounds, or light? \_\_\_\_\_

Describe your child's current physical health:

Excellent\_\_\_\_ Good\_\_\_\_ Fair\_\_\_\_ Poor\_\_\_\_\_

Physician's name: \_\_\_\_\_

Physician's address: \_\_\_\_\_

Physician's phone number: \_\_\_\_\_

Is your child currently being treated for any medical condition? Please describe.

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Does your child currently take any medication? If so, please list.

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Has your child had any surgeries? Please describe.

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Has your child had any accidents or traumatic physical events (broken bones, car accidents, severe lacerations, head injury, sutures, etc.)?

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Has your child witnessed any traumatic events (other people being injured, etc.)?

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Does your child have any known history of sexual, physical or emotional abuse?

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**Family and Social Information**

Was your child adopted? If so, at what age and from what country?

Do you have concerns that your child may be abusing alcohol or drugs or engaging in any other illegal activities?

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Has your child seen a counselor or therapist before?

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Is there a family history of mental health concerns (depression, anxiety, bi-polar, etc.?)

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**CONSENT TO TREATMENT**

**I consent to a psychotherapeutic evaluation and treatment. I have received a client handbook and agree with the terms stated therein.**

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**Signature of Child or Adolescent**

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**Date**

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**Signature of Parent or Legal Guardian**

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**Date**

## CONFIDENTIAL CLIENT QUESTIONNAIRE

Name \_\_\_\_\_ DOB \_\_\_\_\_

Briefly describe your reasons for seeking help at this time:

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Please circle any concerns which pertain to you:

Nervousness	Depression	Fears
Sleeping	Sexual Problems	Suicide Thoughts
Eating Problem	Alcohol-Drug Use	Friends
Finances	Stress	Employment Issue
Legal Matters	Memory/Concentration	Perfectionism
Self-Control	Inferiority Feelings	Unclear Self-Image
Self-Confidence	Career Choices	Health Problems
Anger	Nightmares	Marriage
Children	Parents	Sexual Orientation
Guilt	Making Decisions	Thoughts
Fearing Failure	Feeling Empty	Anxiety
Breakup of Relationship	Feeling Worthless	Self-Esteem
Communication	Hopelessness	Panic
Obsession/Compulsion	Hearing Voices	Weight
Relationship Issues	Seeing Strange Things	Body Image
Spirituality	Resentment	Grief and Loss

## PERSONAL HISTORY

Which stresses have you over come in the past? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How did you do it? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What are your personal strengths? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What are your hobbies? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you practice a religion? Yes \_\_\_ No \_\_\_ If so, what? \_\_\_\_\_

If yes, describe your involvement with your religion \_\_\_\_\_

If not, do you believe in God? Yes \_\_\_ No \_\_\_

Did you graduate from high school? Yes \_\_\_ No \_\_\_ Where? \_\_\_\_\_

Have you had any history of difficulties at school? Yes \_\_\_ No \_\_\_

If yes, please describe: \_\_\_\_\_